



# WOMEN IN LOCAL HUMANITARIAN LEADERSHIP

RESEARCH PROJECT

VOLUNTEER

# CONTEXT

**EIGHTY ONE OF THE 156 COUNTRIES INCLUDED IN THE REPORT HAVE NEVER HAD A WOMAN HEAD OF STATE AND WOMEN ARE REPRESENTED IN ONLY 26.1% OF PARLIAMENT SEATS AND 26.6% OF MINISTERIAL POSITIONS (WORLD ECONOMIC FORUM, 2021, P. 5).**

**THIS LACK OF REPRESENTATION IN LEADERSHIP IS SEEN EVEN IN THE HUMANITARIAN SECTOR WHERE WOMEN HAVE LIMITED ACCESS TO LEADERSHIP ROLES (DOMINGO, 2013, CITED IN BLACK, HENTY, & SUTTON, 2017, P. 4) AND TEND TO LARGELY OCCUPY ENTRY-LEVEL AND MID-LEVEL POSITIONS IN NON-PROFIT ORGANIZATIONS, ESPECIALLY IN LARGER ORGANIZATIONS.**

**IN THE PHILIPPINES, LOCAL WOMEN'S ORGANISATIONS, LOCAL GOVERNMENT, CIVIL SOCIETY AND COMMUNITY-BASED ORGANIZATIONS ARE FIRST RESPONDERS IN THE TIME OF CONFLICT AND DISASTERS TO FILL IN GAPS THAT THE NATIONAL GOVERNMENT ARE UNABLE TO ADDRESS (OXFAM, 2020; MARTIN & DE LA PUENTE, 2018).**

# OBJECTIVE

FOSTER CONNECTIONS AMONG WOMEN'S AND GENDER-BASED ORGANIZATIONS IN THE REGION TO LEARN ABOUT CHALLENGES, STRATEGIES, AND OPPORTUNITIES FROM THE COMMUNITY OF PRACTITIONERS THROUGH THE CREATION OF LOCALLY-BASED RESOURCES AND LEARNING MATERIALS.



# WORKSHOP SCHEDULE

<b>Day 1</b>	9:00 AM	Introduction and Orientation
	10:00 AM	Movement and Meditation
	11:00 AM	Mandala Making
	12:00 NN	Lunch
	3:30 PM	Kuwentong Buhay
<b>Day 2</b>	8:30 AM	Good Morning Activity
	8:45 AM	Processing



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# DISCUSSION REMINDERS

1. REMEMBER THAT THIS IS A PLACE OF CARE AND A SAFE SPACE
2. RESPECT SHOULD ALWAYS BE PART OF OUR SHARING AND PARTICIPATING
3. STEP UP/STEP BACK - EVERYONE GETS TO SPEAK
4. ISA-ISA LANG - ONE POINT AT A TIME
5. MEDIA CONSENT

# BODY MOVEMENT MEDITATION WORKSHOP



# QUESTIONS ON MOVEMENT

1. HOW DID THE ACTIVITY MAKE YOU FEEL?
2. IS THERE SOMETHING NEW THAT YOU REALIZE ABOUT YOUR BODY?
3. HOW IS YOUR BODY RELATED TO OTHER PEOPLE YOU ENCOUNTER?
4. HOW IS YOUR BODY LOCATED IN YOUR ADVOCACY AND LEADERSHIP?



# MANDALA MAKING





# INSTRUCTIONS

1. FORM THE SAME GROUP WITH THREE (3) MEMBERS AND CHOOSE A DIFFERENT REPRESENTATIVE TO SHARE YOUR GROUP MANDALA
2. WE ENCOURAGE TO DISCUSS WITH EACH OTHER BEFORE DRAWING (PREPARE PAPER TO NOTE YOUR ANSWERS)
3. PREPARE YOUR MANILA PAPER, PENS, AND CRAYONS

## Red

Excitement  
Strength  
Love  
Energy

## Orange

Confidence  
Success  
Bravery  
Sociability

## Yellow

Creativity  
Happiness  
Warmth  
Cheer

## Green

Nature  
Healing  
Freshness  
Quality

## Blue

Trust  
Peace  
Loyalty  
Competence

## Pink

Compassion  
Sincerity  
Sophistication  
Sweet

## Purple

Royalty  
Luxury  
Spirituality  
Ambition

## Brown

Dependable  
Rugged  
Trustworthy  
Simple

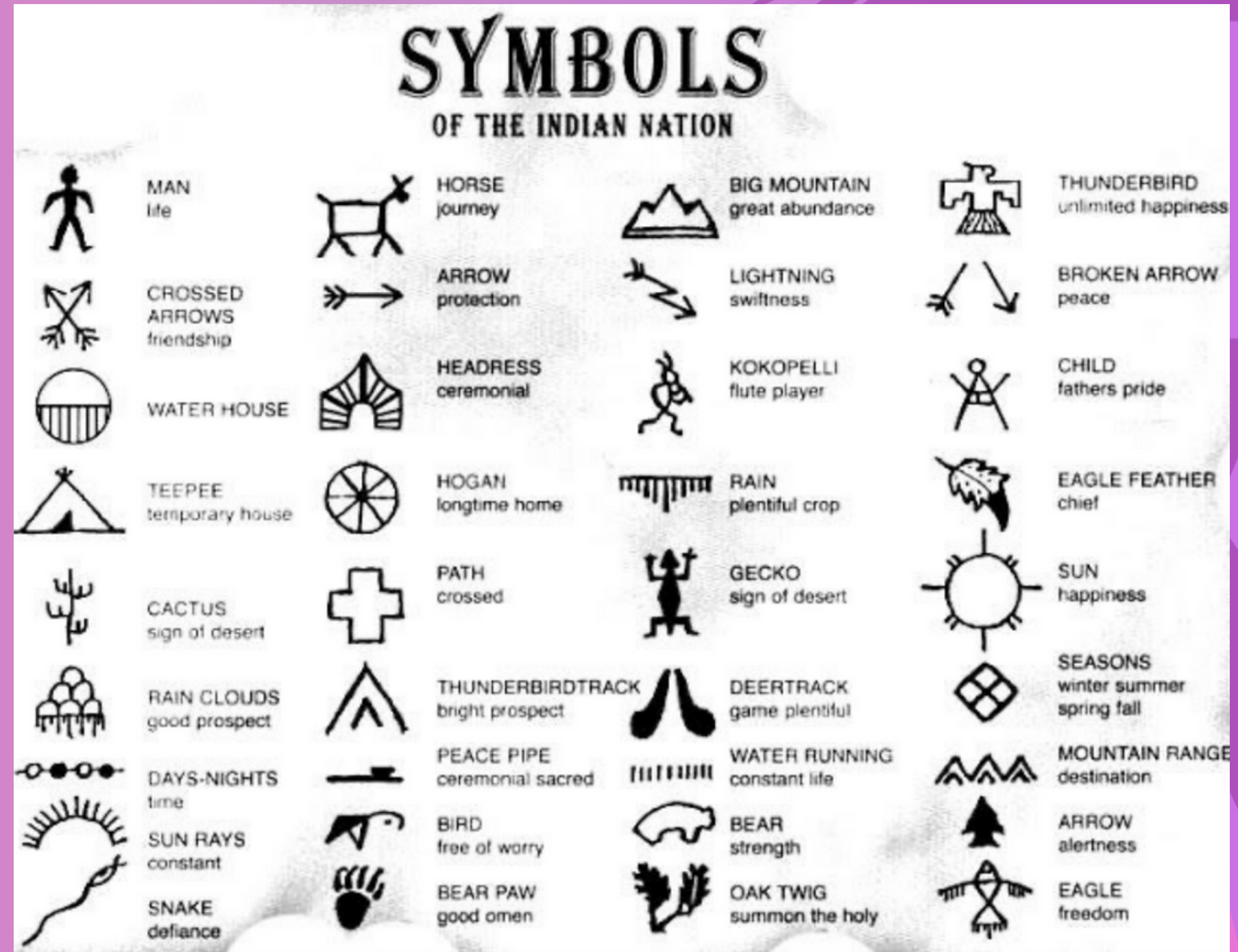
## Black

Formality  
Dramatic  
Sophistication  
Security

## White

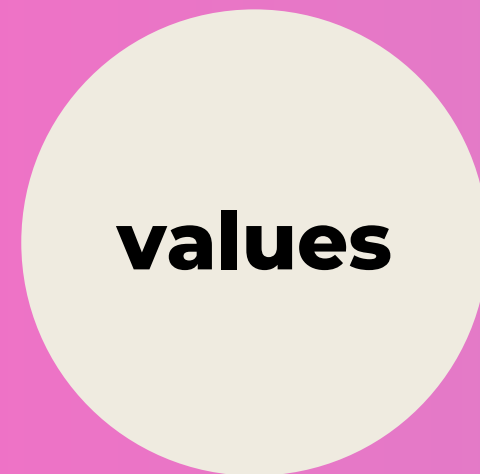
Clean  
Simplicity  
Innocence  
Honest

# ***BASIC DRAWING CONCEPTS***



# BASIC DRAWING CONCEPTS

# INSTRUCTIONS



Draw a circle in the middle of your paper

The center of the mandala will focus on the **values/principles** that have led you to become a humanitarian actor or leader

# INSTRUCTIONS



Powers/resources that you have drawn from or used in your path toward humanitarian action and leadership

Challenges that you have faced as women leaders

# INSTRUCTIONS



Joys/support/friendships that you have drawn from and kept you going despite the challenges

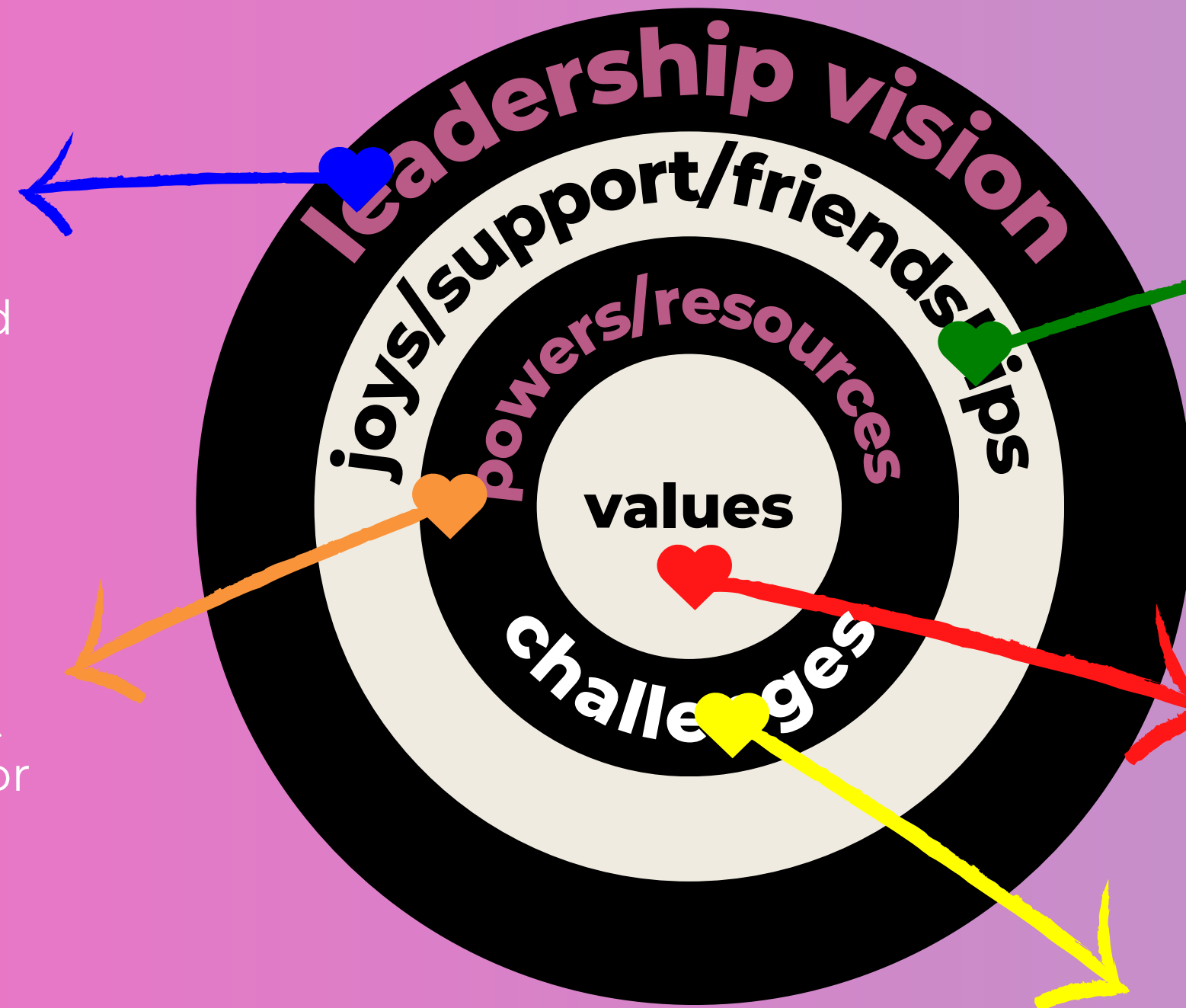




The last (3rd) outer-layer will focus on your own visions about leadership. You will be asked to think about the **ideal conditions** that you want for yourselves, your communities, and the environment wherein you are located.

Leadership vision. You will be asked to think about the **ideal conditions** that you want for yourselves, your communities, and the environment wherein you are located.

**Powers/resources** that you have drawn from or used in your path toward humanitarian action and leadership



Joys/support/friendships that you have drawn from and kept you going despite the challenges

The center of the mandala will focus on the **values/principles** that have led you to become a humanitarian actor or leader

Challenges that you have faced as women leaders

# MANDALA SHARING



# IDENTITY NARRATIVE MAP



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Kung ang kwento mo ay isang pelikula, anong klaseng pelikula iyon, drama, comedy, rom-com?

- Sino ang gaganap sa iyo?
- Anong klaseng karakter ka?
- Ano-ano ang ugali at gawain ng character mo?

# MASSAGE CONNECTIONS



# MASSAGE CONNECTIONS

1. Participants will give massages to each other, ask for consent before proceeding to the massage.
2. In these pairs, choose a part of your body that you want to be massaged by your partner.
3. Share your own stories and identity maps while giving a massage to each other.

**Napatibay |  
Affirmed**

**What ideas about caring  
for your body were  
affirmed for you?**

**What ideas about caring  
for others were affirmed  
for you?**

**As a woman leader,  
what are the moments  
where you felt  
empowered in your  
humanitarian work?**

**Natuklasan |  
Discovered**

**What ideas about caring  
for your body were new  
for you?**

**What ideas about caring  
for others were new for  
you?**

**As a woman leader, what  
are the instances where  
you felt powerless?**

**Napalalim |  
Deepened**

**What ideas about caring  
for your body do you  
want to explore further?**

**What ideas about caring  
for your body do you  
want to explore further?**

**What about your  
humanitarian work gives  
you pleasure?**





# BAYINIHAN DAY 2

VOLUNTEER

# HOW MUCH SHOULD A HUMANITARIAN WORKER BE PAID?



# ISTORYYA MAPPING: WHAT IS POWER FOR YOU?



# BEFORE, DURING, AFTER DISASTER/PROJECT

1. IDENTIFY A HUMANITARIAN OR DISASTER-RELATED CRISIS THAT YOUR COMMUNITY/ORGANIZATION FACED
2. USING A STORY MAP, IDENTIFY AND PLOT THE FOLLOWING:
  - A. ACTORS INVOLVED
  - B. YOUR POSITION
  - C. PROCESSES AT WORK
  - D. CHALLENGES

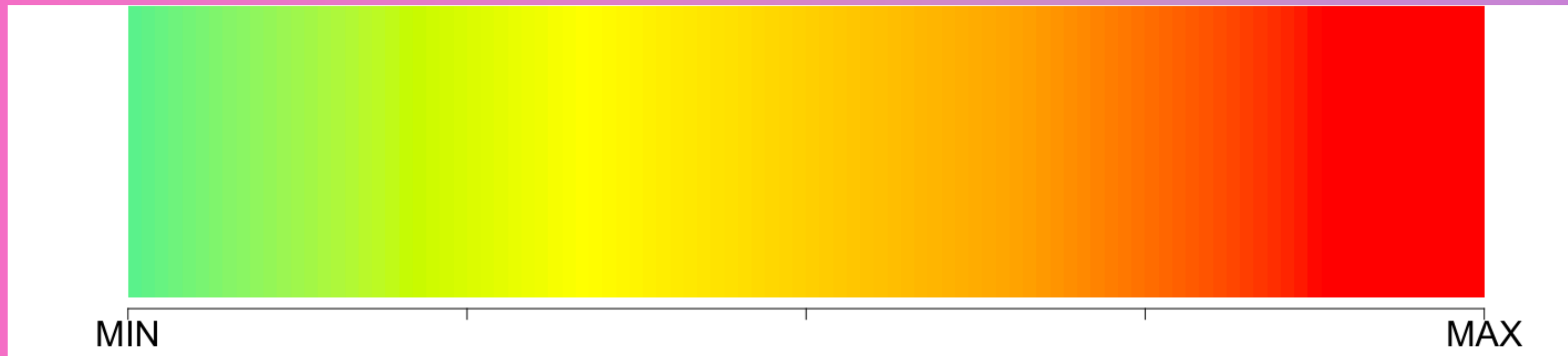
# BEFORE, DURING, AFTER DISASTER/PROJECT

SYMBOLS:

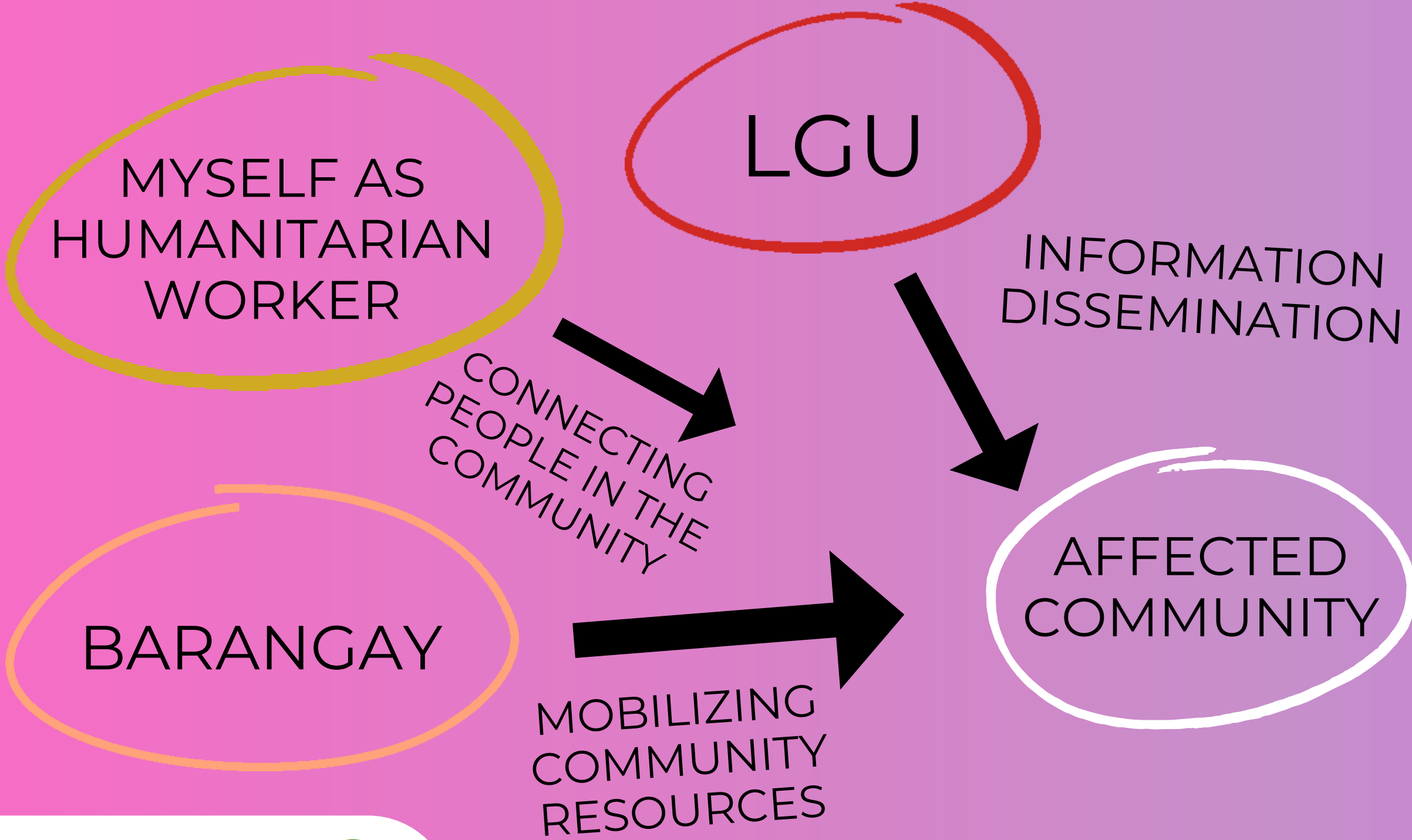
CIRCLES --> PEOPLE AND PARTNERS INVOLVED

ARROWS --> RELATIONSHIPS AND PROCESSES

COLORS --> POWER DISTRIBUTION



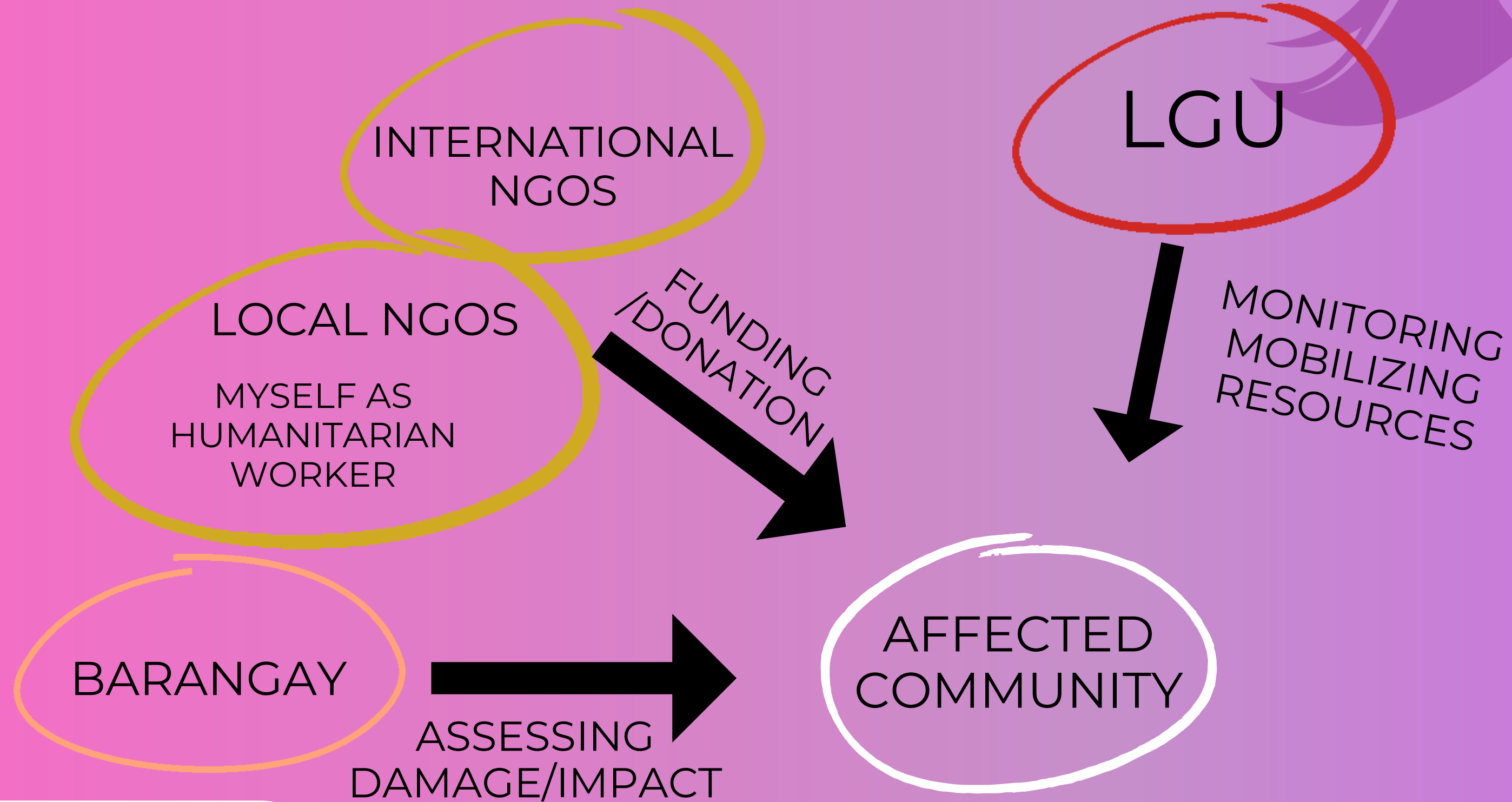
# BEFORE DISASTER/PROJECT



# DURING DISASTER/PROJECT



# AFTER DISASTER/PROJECT





# BREAK



# RECOMMENDATIONS:

1. WHAT CHANGES DO YOU WANT TO SEE?
2. HOW CAN WE CREATE AN EMPOWERING SPACE FOR WOMEN LEADERS IN THE HUMANITARIAN SECTOR?

**MARAMING  
SALAMAT  
PO!**





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